ARCHIWALNE | Wszystkie **08 Maja 2008**

*** YogaKids for young teens !!!
An all-new class is here...
An on going class for boys and girls ages 12 and up, to develop body and mind strenght through yoga poses, breathing exercises, m,editation and relaxation. Yoga also supports teens in creating a sense of selfconfidence and in ability to set boundaries in a fun, energetic and supportive environment.
Saturdays 1-2 pm.
Ten sesions for $100 or a drop in rate of $12.
Contact:
Izabela @ 609-895-1481 or
Joanne @ 609-924-7751
www.simplyyogakingston.com

Adres:
"Siply Yoga", Kingston Mall Shopping Center, Route 27N

Izabela i Joanne, Kingston (NJ)
Tel.: 609-895-1481

www.spojnik.com